

Joanne



Lauren



Joanne and Lauren's Book About Speech

What we can do to stay regulated

Written for _____ by his friends at Miracles in Communication.



Joanne and Lauren are happy to have
_____ in Speech Class.

_____ cares about everyone in the office.

Lupita



Bridget



Christina



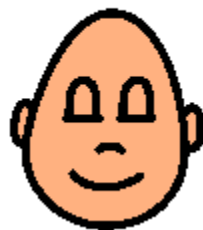
They are Lupita, Bridget and Christina.

relax



Everyone wants to stay calm in speech class.
Regulated means that you are calm and your
body feels comfortable and safe.

safe



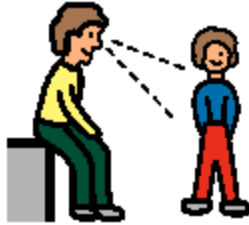


We can say “wait a minute”



We do not need to touch to stop someone.

look at me



We can say “Look at Me”

listen



We can say “Listen to me”

help



We can say “I need help”

do this



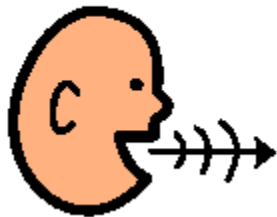
We can say “Do this.”

Ask me a yes/no question



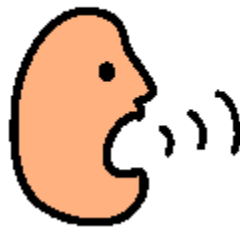
We can ask questions.

tell



We can tell what we want.

scream



We do not have to scream.

If we try to do these things, we will feel safe and calm and be regulated in speech class.



Then, everyone will be happy.

The End



The End